

"How to Hurt"
(Psalm 42)

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Faith Bible Church

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Introduction:

Notes:

1. Keep it _____ (1-4)

Hebrews 10:23-25 Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.

2. _____ the Truth (5-7)

1st God is _____

Psalm 62:5 My soul, wait in silence for God only, for my hope is from Him.

Psalm 121:1&2 I will lift up my eyes to the mountains; from where shall my help come? My help comes from the LORD, who made heaven and earth.

2nd God is _____

Psalm 139:7-12 Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend to heaven, You are there; if I make my bed in Sheol, behold, You are there. If I take the wings of the dawn, if I dwell in the remotest part of the sea, even there Your hand will lead me, and Your right hand will lay hold of me. If I say, "Surely the darkness will overwhelm me, and the light around me will be night," even the darkness is not dark to You, and the night is as bright as the day. Darkness and light are alike to You.

3rd God is _____

Ecclesiastes 7:14 In the day of prosperity be joyful, and in the day of adversity consider: God has made the one as well as the other.

Psalms 32:3&4 For when I kept silent, my bones wasted away through my groaning all day long. For day and night Your hand was heavy upon me; my strength was dried up as by the heat of summer

Notes:

3. _____ to God in Prayer (8-10)

Conclusion (11)

John 16:33 I have said these things to you, that in me you may have peace. In the world you will have trouble. But take heart; I have overcome the world

Apply

A. Place Your _____ in the God of Hope

B. _____ to Your Soul

2 Corinthians 4:16-18 Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. For this momentary light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at the things which are seen; for the things which are seen are temporal, but the things which are not seen are eternal.

Questions for application:

1. In what ways do your reactions to trials dishonor the Lord? How should the hope of the Gospel change the way we hurt?
2. If you are currently facing a trial, what truths about the character of God have you forgotten that you need to regularly rehearse to your own soul?
What passages of Scripture could you memorize to help fight against doubt and despair?
3. What part does the church family play in your growth and holding fast the conviction of your faith? Are there ways that you could more intentionally utilize the aid of the Body of Christ?
4. What needs to change in your life in order to make a greater priority of pursuing the Lord in prayer?